Coronavirus COVID-19



What Should I Do?

I've been to an affected region in the last 14 days and

I HAVE symptoms

- 1. Stay away from other people
- 2. Phone your GP without delay
- 3. If you do not have a GP phone 112 or 999

I DO NOT HAVE symptoms

For advice visit www.hse.ie

I've been in close contact with a confirmed or probable case of COVID-19 (Coronavirus) in the last 14 days and

I HAVE symptoms

- 1. Stay away from other people
- 2. Phone your GP without delay
- 3. If you do not have a GP phone 112 or 999

I DO NOT HAVE symptoms

For advice visit www.hse.ie

Affected Regions

Check the list of affected regions on www.hse.ie

Symptoms

> A Cough > Shortness of Breath > Breathing Difficulties > Fever (High Temperature)

How to Prevent



Wash

your hands well and often to avoid contamination



Cover

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



Avoid

touching eyes, nose, or mouth with unwashed hands



Clean

and disinfect frequently touched objects and surfaces

For Daily Updates Visit

www.gov.ie/health-covid-19 www.hse.ie



